## SOUTHOLD UNION FREE SCHOOL DISTRICT

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ANTHONY J. MAURO, Ed. D. SUPERINTENDENT OF SCHOOLS

March 1, 2024

Dear Southold School Community Members:

It is nice to see some sunny, almost warm days! I want to share a quick letter about our March focus with Rethink Education. The focus for the month of March is "Emotions". The ability to identify, express and accept our emotions is a key to a successful, balanced life. Our students K-12 will spend some time this month learning about and discussing Emotions.

I encourage all of you to please explore this concept and how it fits into your personal lives and your child's development throughout the month and beyond.

I look forward to a month, and year, full of learning and development together. If you have any questions, please feel free to contact me.

Month	Focus Area
October	Respect
November	Learning Skills
January	Mindfulness
February	Problem Solving
March	Emotions
April	Self Advocacy
May	Safe and Ethical Behavior

Sincerely,

Dr. Mauro

Superintendent of Schools

Southold U.F.S.D.

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